

Relationship Adjustment Scale

Name _____ Date _____

State approximately how much you and your spouse agree or disagree on the following items:

	Always Agree	Almost Always	Occasionally Agree	Frequently Disagree	Always Disagree
Family Finances					
Friends					
Hobbies					
Raising Children					
Religion					
Interacting with In-laws					
Leisure Interests					
Sexual Relations					
Life Philosophy					
Ideas of Right and Wrong					
Other:					

Please answer the following items by selecting ONE answer about you and your partner:

1. When disagreements arise:
 - I give in.
 - My partner gives in.
 - Agreement by mutual give-and-take.
2. Do you engage in outside activities together:
 - Always.
 - Usually.
 - Sometimes.
 - Every once in a while.
 - Never.
3. In leisure time, do you generally prefer to:
 - Be "on the go."
 - Stay at home.
4. In leisure time, does your spouse generally prefer to:
 - Be "on the go."
 - Stay at home.